Booster Shot

10K Run Only

5K Run or Walk

Super Challenge (run both)



Kids 1/2 mile fun run (12 & under) - FREE

Saturday, June 9, 2018

10K Run Start Time: 7:00 am Sharp 5K Run/Walk Start Time: 8:15 am Sharp Kid's fun run-1/2 mile (no times recorded for kid's run) - approx. 9:00 am Packet Pickup and Race Day Registration: 6:00 - 7:45 am

Sponsored by: Western Wisconsin Health & local businesses

Location: Both races will start and finish in the Old Baldwin Area Medical Center Parking Lot (730 10th Avenue Baldwin, WI 54002)

Directions: (From the Twin Cities) Take 94 east to the Baldwin Exit (#19) Hwy 63. Take 63 north approximately 3 miles. The Medical Center is on right hand side.

All pre-registered participants are guaranteed a T-shirt on race day. Those registering on race day will get shirt sizes on a first come first serve basis so register early to guarantee your shirt size!

**T-shirt sizes guaranteed to pre-registered runners only.

Cost:

10K Run/5K Run/5K Walk: \$20 prior to Friday, June 1, \$25 after June 1 and on race day. SUPER CHALLENGE (run both 10K and 5K): \$35, \$45 on and after June 1 Kids Run: FREE (no registration necessary, no shirts)

Awards:

Run: Overall winners and top three male and female in each of the following age categories; 15 and under, 16 - 19, 20-29, 30-39, 40-49, 50+, (5k - 50-59, 60-69, 70+)

Super Challenge: Prizes are given to the first and second male and female runners that run both the 10k and 5k (times will be added together) ****Note: You must be able to finish the 10K in 70 minutes to enter the Super Challenge. If you enter the Super Challenge you will not be eligible for prizes related to the 5k or 10k, the Super Challenge is a completely separate event!

Homemade pies to all age group winners!

Cut off and mail with payment to: Western Wisconsin Health, 1100 Bergslien Street, Baldwin, WI 54002 Make checks payable to: Western Wisconsin Health

IMPORTANT: D 10K Run	🗆 5K Run/Fitn	ess Walk	□ 10K	/5K SUPER CHALLENG	E 🛛 Kids	Fun Run (fr	ee, but no t-shirt)
Email Address:							
City:	State:	Zip:		<u>SHIRT SIZE</u> : S M L	XL XXL	(circle one)	
Address:							
Name:			_ Sex: _	Birth Date			

Waiver: "I understand that running a race is a potentially hazardous activity. I assume all risks and responsibilities for injuries I may incur as a direct or indirect result of my participation in this event. I certify that I am physically fit and sufficiently trained to enter this event. By my signature I waive and release the City of Baldwin and Western Wisconsin Health, all employees and all sponsors from all claims and liabilities arising from my participation in this event. I agree and rescue expenses I may incur."

Signature:

Parent or Guardian if under 18:

Register online at wwhealth.org (wait for the banner to appear at the top of the screen) or signmeup.com. If you have questions, please call 715-684-1642. WESTERN WISCONSIN HEALTH

1100 Bergslien Street • Baldwin, WI 715-684-1111 wwhealth.org