

## FALL SPECIALS

Available for a limited Time  
Additional toppings 25¢ each

### **Pizza Chicken Sandwich** **\$3.25**

Grilled chicken topped with our House-made pizza sauce, mozzarella and pepperoni.

**Calories** 450 **Fat** 15gr **Sodium** 730g **Carbohydrates** 40g  
**Sugar** 7g **Protein** 27g

**Allergens:** wheat, milk. **Contains Pork**

### **BBQ Ranch Chicken** **\$3.25**

Grilled chicken with cheddar cheese, low sodium bacon on a toasted potato roll with ranch and our House-made BBQ sauce. Served with lettuce and tomato on the side.

**Calories** 630 **Fat** 29gr **Sodium** 520g **Carbohydrates** 46g  
**Sugar** 2g **Added Sugar** 1g **Protein** 33g

**Allergens:** milk, wheat. **Contains Pork**

### **Sauerkraut Burger** **\$3.50**

Grass fed patty topped with sauerkraut and Swiss cheese. Served with lettuce, tomato, grilled onion and House-made burger spread on the side. *Additional toppings 25¢ each.*

**Calories** 530 **Fat** 26gr **Sodium** 530g **Carbohydrates** 41g  
**Sugar** 6g **Protein** 34g

**Allergens:** milk, wheat.

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### **Casanova Burger** **\$3.50**

Grass fed patty topped with Swiss, low sodium ham, sautéed mushrooms with mustard mayo sauce served on a toasted potato roll.

**Calories** 660 **Fat** 35gr **Sodium** 480g **Carbohydrates** 47g

**Sugar** 1g **Protein** 40g

**Allergens:** wheat, milk.

### **Chipotle Bison Burger** **\$4.75**

Silver Bison Ranch patty topped with sautéed mushrooms, bell peppers, low sodium bacon, fried egg and chipotle mayonnaise on a toasted potato roll. Served with lettuce on the side.

**Cooked to Order - approx. 10 minutes.**

**Calories** 750 **Fat** 41gr **Sodium** 590g **Carbohydrates** 48g

**Sugar** 1g **Added Sugar** 0g **Protein** 46g

**Allergens:** wheat, egg, milk. **Contains Pork**

### **Black Bean Burger** **\$3.50**

Black bean burger patty topped with pepperjack, guacamole and pico de gallo served on a toasted potato roll.

**Calories** 530 **Fat** 50gr **Sodium** 900g **Carbohydrates** 75g

**Sugar** 2g **Added Sugar** 0g **Protein** 23g

**Allergens:** wheat, soy, milk. **Contains Bell Pepper**

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## Flatbreads

Additional toppings 25¢ each

### Mexican

**\$3.00**

House-made refried beans, Pico de Gallo and chorizo sausage topped with Wisconsin mozzarella blend, diced avocado and shredded lettuce.

**Calories** 550 **Fat** 34gr **Sodium** 1170g **Carbohydrates** 35g  
**Sugar** 3g **Added Sugar** 0g **Protein** 27g

**Allergens:** wheat, milk. May contain soy, sesame.

**Contains Pork**

### BBQ Hawaiian

**\$2.75**

House-made BBQ, ham, pineapple, low sodium bacon and topped with Wisconsin mozzarella blend.

**Calories** 530 **Fat** 28gr **Sodium** 970g **Carbohydrates** 43g  
**Sugar** 8g **Added Sugar** 1g **Protein** 25g

**Allergens:** wheat, soy, milk. May contain soy, sesame.

**Contains Pork**

### Spinach Carbonara



**\$2.50**

Organic Alfredo sauce, spinach, applewood smoked bacon, Roma tomatoes topped with Wisconsin mozzarella blend.

**Calories** 490 **Fat** 27gr **Sodium** 800g **Carbohydrates** 43g  
**Sugar** 4g **Protein** 22g

**Allergens:** wheat, milk. May contain soy and sesame.

**Contains Pork**

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## Hot off the Press

### Eatery Club

**\$3.00**

Low sodium deli turkey & ham with Cheddar, tomatoes, bacon, mayo and our house-made BBQ sauce on white bread.

**Calories** 340 **Fat** 13gr **Sodium** 800g **Carbohydrates** 33g

**Sugar** 6g **Added Sugar** 1g **Protein** 21g

**Allergens:** egg, milk, wheat. **Contains Pork**

### Chicken Cheddar Bacon



**\$3.00**

Grilled chicken, cheddar cheese, low sodium bacon and tomatoes on toasted bread.

**Calories** 550 **Fat** 33gr **Sodium** 610g **Carbohydrates** 22g

**Sugar** 3g **Protein** 28g

**Allergens:** milk, wheat. **Contains Pork**

### Reuben or Rachel

**\$3.25**

Choice of corned beef or low sodium turkey on rye bread with Swiss, sauerkraut and stone ground mustard.

**Calories** 420 **Fat** 15gr **Sodium** 1280g **Carbohydrates** 32g

**Sugar** 3g **Protein** 39g

**Allergens:** milk, wheat.

### Tuna Melt



**\$3.00**

Tuna salad with cheddar cheese and tomatoes served on toasted bread.

**Calories** 360 **Fat** 14gr **Sodium** 700g **Carbohydrates** 32g

**Sugar** 4g **Protein** 26g

**Allergens:** milk, wheat, egg, fish.