

# Western Wisconsin Health MENTAL HEALTH MEDICAL QUESTIONNAIRE - ADULT

Name:	Birthdate:	Today's Date:
Primary Care Physician:		Medical Clinic:
Address:	City: _	State/Zip:
1. May we contact your phy	vsician? Y	VesNo
2. When was the last time y	ou saw your physician? (	(date):
	ns did you see your phys	ician?:
4. What medical problems,	if any, are you currently	having?
5. Are those problems being	g treated?:	By Whom?:
supplements:		e include over-the-counter medications as well as herbal
		in the past.:
8. Is there a family history	of medical problems?:	
-	al illness in your family?	Please describe
10. Have you had any previo	ous mental health treatme	ent?: If so, please list with whom, date(s) of dosages and outcome of the treatment.:
• •		or operations, including dates and where treated.:
		pairment, learning disability or other perceptual
13. Do you use alcohol or de How Long?	rugs? 7	Гуре Used: Weekly Amount?:
Where?:		roblems?: When?:



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15. Is there any family history of drugs or alcohol?: \_\_\_\_\_

16. Is there anything else in your medical history that would be helpful for us to know?: \_\_\_\_\_

# **RELATIONSHIPS:** (*Please place an* (*x*) *on any items that apply to your self.*)



SOURCE OF STRESS: (Please list the things/events/problems that are creating stress for yourself at the present time.)

1	4
2.	5
3	6

#### **CURRENT FUNCTIONING**

Place and (x) on the following scale to indicate how well you are coping with things at the present time. 100% mean you are coping the best you ever have.



## WHAT ARE YOUR GOALS IN COUNSELING

Please list the goals that you hope you will achieve in counseling. (Be as specific as you can.)



## HOW MANY SESSIONS DO YOU THINK YOU WILL NEED?

Please place and (x) in the answer which best describes our expectations.

\_\_\_\_\_1 - 3 sessions \_\_\_\_\_4 - 6 sessions \_\_\_\_\_7 - 9 sessions \_\_\_\_\_10 - 12 sessions \_\_\_\_\_0ther (please specify how many sessions) \_\_\_\_\_\_

Form Completed By (Signature)

Date