Cranberry Almond Energy Bites

1 C. oatmeal, instant, old fashioned, dry
1/3 C. almonds, sliced or chopped
1/3 C. coconut, sweetened, dried, flaked
1 Tbs. flax seed meal, ground
1/2 C. almond butter (Can substitute peanut, cashew or sunflower seed butter)
1/4 C. honey
1 Tbs. chia seeds
1/3 C. dried cranberries/craisins, roughly chopped

Bake oatmeal, almonds and coconut for 8-10 minutes at 350 degrees, stirring after 5 minutes. Allow the mixture to cool.

In a medium bowl, microwave the nut butter for 20-30 seconds until runny. Add the baked mix along with flaxseed, honey, chia seeds and cranberries to the bowl. Form into 1.5" balls and refrigerate. Store in an airtight container refrigerated for up to one week or freezer for three months.

NUTRITION FACTS: Number of Servings – 16 (0.99 oz. per serving)