DARK CHOCOLATE AND OATS CLUSTERS

2 T. peanut butter
2 T. 1% low-fat milk
1/4 C. semisweet chocolate chips
3/4 C. old-fashioned rolled oats

Heat peanut butter, milk and chocolate chips in a saucepan over low heat for 3 minutes or until chips melt. Stir in oats. Remove from heat. With a spoon, small ice cream scoop, or melon baller, drop 8 ball-shaped portions on a wax paper-lined baking sheet. Let sit in refrigerator for 10 minutes before serving.

NUTRITION FACTS: Serving size: 2 clusters per serving, 4 servings