

The Spooky Shuffle Trail Run

Friday, October 23, 2020

CHIP TIMING INCLUDED

TRAIL RUN
5k Fun Run/Walk
5:30 pm

KIDS FUN RUN
- 1/2 MILE
5:30 pm

(Separate course, no times recorded)



Enjoy smores, bonfires, and hot cider!

RACE LOCATION: NEW Community Trail at Western Wisconsin Health: **1100 Bergslien Street Baldwin, WI 54022**

Time / Packet Pickup: The 5K run will start at 5:30 pm with staggered start times. The Kid's fun-run will start at 5:30 pm. Packet pickup and race day registration will begin at 5:30 pm. The last runner will be sent out at 7:00 pm.

Entry Fee:

- **Race day: \$45 (Ages 13+)**
- **Kids Run: FREE (Ages 12 and under)**
- **Kids - No registration necessary, (no shirts)**

Register before October 13 and receive a long-sleeve shirt

Trophy: Overall winners for the fastest male, female, 50+ male, and 50+ female.

NOTE: Kids fun-run WILL NOT be timed but all participants will receive a medal. All adult registrants will receive a long sleeve shirt, lantern, and neck gaiter. **Headlamps and costumes are highly recommended!**

Please cut off and mail with payment to: Spooky Shuffle, Western Wisconsin Health, 1100 Bergslien Street, Baldwin, WI 54002

5K Run/Walk Kids Fun-Run 1/2 Mile

Name: _____ Sex: _____ Age _____

Address: _____ Additional Donation: _____

City: _____ State: _____ Zip: _____ **SHIRT SIZE:** Adult: S M L XL XXL

Signature: _____

Waiver: "I understand that running a race is a potentially hazardous activity. I assume all risks and responsibilities for injuries I may incur as a direct or indirect result of my participation in this event. I certify that I am physically fit and sufficiently trained to enter this event. By my signature I waive and release the City of Baldwin and Western Wisconsin Health, all employees and all sponsors from all claims and liabilities arising from my participation in this event. I agree and rescue expenses I may incur."

Signature: _____

Registration: You can register online at wwhealth.org or mail in the registration form. Online registration ends Thurs Oct 22 at 11:59 pm.

Please make checks payable to: **Western Wisconsin Health**



WESTERN WISCONSIN HEALTH
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wwhealth.org