WESTERN WISCONSIN HEALTH challenges the community to WALK AROUND THE WORLD!

January 11 - March 7, 2021

Step up to the challenge! Participants (ages 5 and up) will work together to travel the globe! Throughout the challenge, participants will virtually track their steps and walk around the world in 8 weeks. Each week, Healthy Hank will feature a unique global destination that could be your next family adventure! If participants complete all 8 weeks of the challenge, they will be entered into a drawing to win a \$4,000 travel voucher for the trip of a lifetime to anywhere they choose!!

Join us for a Virtual Kick-Off Event

January 6, 2020 | 4:00 - 7:00 pm Western Wisconsin Health

- Pick up your Where's Healthy Hank t-shirt
- Purchase a Pedometer (while supplies last)
- Tune into Zoom for virtual workouts and story time with our Pediatric providers and Occasions with Character!



How To Participate

- ✓ This 8-week step challenge is \$5 to all registered participants! Pre-registration is required (see below for details).
- ✓ Track and submit your weekly steps throughout this 8-week challenge. You may track your steps using any app or device of your choice (i.e. Fitbit, Runkeeper, pedometer, etc.) on wwhealth.org.
- ✓ Submit your steps to be entered for WEEKLY PRIZE DRAWINGS!

Grand Prize

- ✓ Drawing of All Completed Participants: One grand prize winner will receive a \$4,000 travel voucher!*
- ✓ Grand prize trip will be received as a travel voucher and can be used to any destination of your choice. Winner must be present at finale to redeem prize. *Other sponsored prizes will be drawn for at the finale.

Finale Event

March 9, 2021 | 6:30 pm | Zoom Presentation Must be present to win!

Learn more and register online at wwhealth.org or by contacting the Community Wellness Office at 715-684-1645 or Community.Wellness@wwhealth.org.

Register Today!

HEALTHY HANK ?

- ✓ Online at wwhealth.org
- ✓ Call 715-684-1645
- Email Community.Wellness@wwhealth.org
- ✓ In person at the kick-off event

As a participant, you will receive weekly emails throughout the challenge for encouragement and motivation. These emails will be filled with health & fitness tips, expertise, as well as updates on everything wellness!



WESTERN WISCONSIN HEALTH 1100 Bergslien Street • Baldwin, WI 715-684-1111 wwhealth.org

#WWHWheresHealthyHank

Sponsorship Opportunities

🗋 "Magic Kingdom" Co-Presenter - \$1.000 or more

In partnership with Western Wisconsin Health, your company would co-present on all materials, events and communications, included but not limited to the recognition below. Wording: Western Wisconsin Health and "Your Company" proudly present Dash to Disney

"To Infinity and Beyond" Sponsor - \$500

Your sponsorship includes: Recognition on Western Wisconsin Health's website, social media, kick-off and finale and Dash to Disney t-shirt. Option to have a promotional table at the kick-off and finale event. 10,000 steps towards challenge.

"Tale as old as Time" Sponsor - \$250

Your sponsorship includes: Recognition on Western Wisconsin Health's social media, kickoff, Dash to Disney t-shirt. 5,000 steps towards challenge.

"Hakuna Matata" Sponsor - \$150

Your sponsorship includes: Recognition on Western Wisconsin Health's Dash to Disney t-shirt, 2,000 steps towards challenge.

Prize for Finale Event

We are accepting additional door prizes for our finale event.

Sponsorship Registration

Sponsorship registration available online at wwhealth.org OR drop off/mail completed registration form along with donation by Friday. December 13 to:

Rosa Magnus
Western Wisconsin Health
1100 Bergslien Street Baldwin, WI 54002

Company:	Contact Person:	
Phone Number:	Email Address:	
Address:		
Sponsorship Level:		
Amount Enclosed: \$		
Please email logo's in a JPG format to rosa.magnus@wwhealth.org		WISCONSIN HEALTH slien Street • Baldwin, WI

If you have guestions, please call 715-684-1596.

715-684-1111 wwhealth.org

Corporate Challenge

Are you looking for a fun walking challenge at work? Want to compete with other companies in our community? The Dash to Disney 8-week community challenge could be the start to a new year of healthy living and encouraging you and your co-workers to stay

To register your company for the WWH Corporate Challenge, please complete and email or send the information below. Please note that in addition to the company registration, each staff member still needs to register online at wwhealth.org for Dash to Disney. There is a \$5 registration fee, which does include a t-shirt!

Register Your Company Now

My Company will be participating in the **WWH Corporate Challenge** (multiple companies). Each company is responsible for creating their own internal challenge but as steps are submitted each week, WWH will keep track of average steps per company and will send a weekly email with standings.

Steps are submitted by each individual person at our web site each week. Be sure staff know to pick their team name in the drop-down menu when prompted. The average # of staff steps taken by your company and other businesses each week will be recorded. The company with the most cumulative steps average over 8 weeks will receive the coveted WWH Corporate Challenge Plaque!

Company:		Contact Person:	
Phone Number:		Email Address: _	
Team Name:			
Anticipated number of	of staff participants:		

If registering online for the WWH Corporate Challenge, please enter your team name when prompted. Please be sure your staff record their steps each week at wwhealth.org and click on the Team Name in the drop-down menu when asked.

Please email or drop off/mail completed corporate challenge registration form to:

McKayla Custer Western Wisconsin Health 1100 Bergslien Street | Baldwin, WI 54002 community.wellness@wwhealth.org

If you have questions, please call 715-684-1645.

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