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| Summer Eatery Menu Specials & Soups  **Weekly Specials 1 (Dates: June 2-6, June 30-July 4, July 28-August 1, Aug 25-29)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Mini Pizza’s  (Calories 190) | BLT pasta Salad  (370 Calories) | Country Style BBQ Pork Ribs  (225 Calories) | Oriental Chicken Salad  w/Sesame Dressing  (170 Calories) | Green Chili Chicken  (300 Calories) |
| **Vegetable** | Garden Salad  (25 Calories) | Fresh Fruit w/Dip  (85 Calories) | Watermelon Cucumber Salad  (110 Calories) | Vegetable Egg Roll  (160 Calories) | Steamed Green Beans  (30 Calories) |
| **Potato / Rice**  **or SUB** | Choice of Chips |  |  |  | French Bread Roll  (140 Calories) |
| **Soup #1** | \*Chicken Noodle\*  (220 Calories) | \*Italian Sausage &Brown Rice\*  (140 Calories) | \*Minestrone\*  (180 Calories) | \*Chicken & Rice\*  (100 Calories) | \*Hamburger Soup\*  (120 Calories) |
| **Soup #2** | Vegetable Garden  (60 Calories) | \*Mediterranean Bean\*  (110 Calories) | Butternut Squash  (230 Calories) | Roasted Red Pepper  (150 Calories) | \*Creamy Tortellini\*  (170 Calories) |
| **Weekly Specials 2 (Dates: June 9-13, July 7-11, August 4-8)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Panko Chicken  (240 Calories) | Chicken Ceasar Wraps  (280 Calories) | Ham & Cheese Croissant  (390 Calories) | BYO Summer Salad  (410 Calories) | Baked Chicken Shawarma  (350 calories) |
| **Vegetable** | Garlic Roasted Carrots  (60 Calories) | Pineapple Coleslaw  (100 Calories) | Tropical Fruit  (100 Calories) | Cup of Soup  (35 Calories) | Roasted Zucchini  (35 Calories) |
| **Potato / Rice**  **or SUB** | Baby Bakers  (120 calories) |  | Choice of Chips | Garlic Bread Sticks  (150 Calories) | Roasted Potato  (210 Calories) |
| **Soup #1** | \*Andouille White Bean\*  (110 Calories) | \*Chicken Noodle\*  (220 Calories) | \*Creamy Tortellini\*  (170 Calories) | Chicken Wild Rice  (210 Calories) | \*Tuscan Bean\*  (170 Calories) |
| **Soup #2** | Tomato Basil  (80 Calories) | Butternut Squash  (230 Calories) | \*Pasta Fagioli\*  (210 Calories) | Vegetable Garden  (60 Calories) | \*Chicken Gnocchi\*  (140 Calories) |
| (\*Soups with Asterisk are Homemade\*) \*Tacos are still available every Tuesday!  **Smoothie Flavor-Friday:**  **Strawberry- Banana**  **Smoothie Flavor- Thursday:**  **Chocolate Banana**  **Grain Bowl Wednesday!**  **Smoothie Flavor-Tuesday:**  **Tropical Fruit** | | | | | |
| Summer Eatery Menu Specials & Soups  **Weekly Specials 3 (Dates: June 16-20, July 14-18, August 11-15)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Stuffed Shells w/Bolognese  (310 Calories) | Apple Cranberry Walnut Salad  (310 Calories) | Beef & Broccoli Stir Fry  (260 Calories) | Mojo Chicken  (250 Calories) | Potato Crusted Cod  (210 Calories) |
| **Vegetable** |  |  | Vegetable Egg Roll  (160 Calories) | Fiesta Corn  (25 Calories) | Fresh Fruit w/Dip  (85 Calories) |
| Garden Salad |
| (25 Calories) |  |
| **Potato / Rice**  **or SUB** |  | French Bread Roll  (140 Calories) | Basmati Rice  (80 Calories) | Mexican Rice  (80 Calories) | Wavy Fries  (140 Calories) |
| **Soup #1** | \*Chicken Noodle\*  (220 Calories) | \*Chicken & Rice\*  (100 Calories) | \*Andouille White Bean\*  (220 Calories) | \*Chicken Gnocchi\*  (140 Calories) | \*Tuscan Bean\*  (170 Calories) |
| **Soup #2** | Roasted Red Pepper  (150 Calories) | \*Hamburger Soup\*  (120 Calories) | \*Garden Vegetable\*  (260 Calories) | \*Minestrone\*  (180 Calories) | Chicken Wild Rice  (210 Calories) |
| **Weekly Specials 4 (Dates: June 23-27, July 21-25, August 18-22)** | | | | | |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Parmesan Chicken  (300 Calories) | Chopped Greek Pasta Salad  (330 Calories) | Garlic Steak Bites  (320 Calories) | Grilled BBQ Chicken Thigh  (200 Calories) | Gyros w/Tzatziki Sauce  (390 Calories) |
| **Vegetable** | Garlic Roasted Carrots  (60 Calories) | Sliced Watermelon  (35 Calories) | Roasted Asparagus  (60 Calories) | Steamed Corn  (100 Calories) | Apple Slices w/Caramel Dip  (280 Calories) |
| **Potato / Rice**  **or SUB** | Baby Bakers  (120 Calories) |  | Garlic Mashed Potatoes  (160 Calories) | Potato Salad  (290 calories) |  |
| **Soup #1** | \*Andouille White Bean\*  (220 Calories) | \*Italian Sausage & Brown Rice\*  (140 Calories) | \*Pasta Fagioli\*  (210 Calories) | \*Minestrone\*  (180 Calories) | \*Tuscan Bean\*  (170 Calories) |
| **Soup #2** | Tomato Basil  (80 Calories) | \*Mediterranean Bean\*  (110 Calories) | Butternut Squash  (230 Calories) | Chicken Wild Rice  (210 calories) | Chicken Gnocchi  (140 Calories) |

(\*Soups with Asterisk are Homemade\*) \*Tacos are still available every Tuesday!

**Smoothie Flavor-Friday:**

**Tropical Fruit**

**Smoothie Flavor-Thursday:**

**Berry Cherry**

**Smoothie Flavor-Tuesday:**

**Strawberry- Banana**

**Grain Bowl Wednesday!**